

DEC 2022 & JAN 2023 EDITION

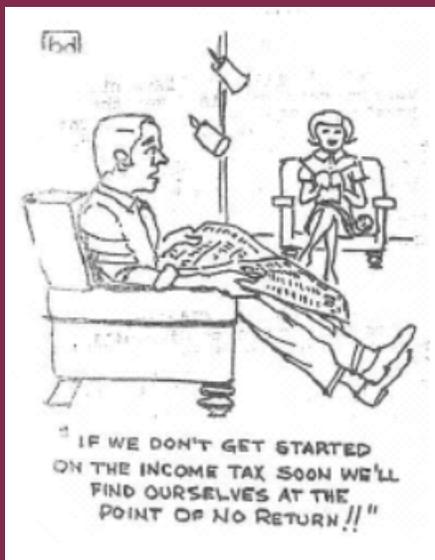
THE GLACIAL DEPOSIT

CREATED BY STEPHANIE LYNCH

A New Name

It has been suggested that the name of the newsletter be changed to 'The Glacial Deposit' in honor of the cartoon of the same name created for the newsletter from the 50s – 80s. Thank you Paul Giovanelli for the suggestion. What a great idea!

The Glacial Deposit



Stopping by Woods on a Snowy Evening

by Robert Frost

Whose woods these are I think I know.
His house is in the village though;
He will not see me stopping here
To watch his woods fill up with snow.

My little horse must think it queer
To stop without a farmhouse near
Between the woods and frozen lake
The darkest evening of the year.

He gives his harness bells a shake
To ask if there is some mistake.
The only other sound's the sweep
Of easy wind and downy flake.

The woods are lovely, dark and deep.
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.



Thank you to the Berry family for providing the GHA Christmas tree. The children had a blast decorating the tree with their friends. What a great way to bring the community together!

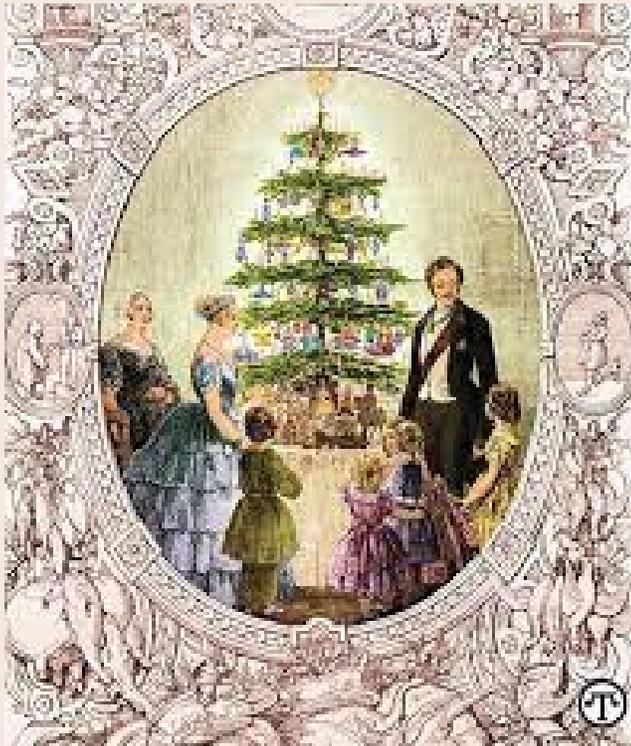
GHA Executive Board Elections

All positions will be available in November 2023.



HAPPY
NEW YEAR

Wishing you and your family a happy, healthy new year!



Oh Tanenbaum

People have strong opinions about what makes the most beautiful Christmas trees.

Do you prefer a fresh tree's perfect imperfections or an artificial tree's symmetry? Tinsel or garland? White lights or colored? No matter where you stand, trimming the Christmas tree is likely a cherished family tradition.

But did you know that in the early years of Massachusetts colonization Christmas trees, decorations, and carols were deemed pagan symbols and desecrated the holy event. In fact, anyone caught following these heathen traditions could find themselves with a hefty fine.



In the mid 1840s Queen Victoria and Prince Albert were sketched along with their children in front of their Christmas tree and fashionable American society followed suit. Soon stockings were being hung by chimneys with care and homemade ornaments were accompanied by strings of fruit, nuts, berries, and brightly dyed popcorn draped on the evergreen boughs.



Today electric lights twinkle like the stars in the night sky while brilliant baubles hang happily from tip to trunk.

No matter which holiday you celebrate this season, we are grateful for the gift of you. We look forward to hot cocoa and champagne around the firepit as we ring in the new year together.



Merry
Christmas

Happy
Hanukkah



Happy
Kwanzaa

The Origins of the New Year's Resolution



The first New Year's resolutions can be traced back 4,000 years to the ancient Babylonians. Akitu, a religious new year festival, was a 12 – day long celebration in mid–March. The festival celebrated the planting of crops. It was during this time that the Babylonians crowned their new king or reaffirmed their loyalty to the reigning sovereign. Additionally, the Babylonians made promises to the gods to pay their debts and return borrowed items. Some believe these promises to be the precursor to today's New Year's resolutions. Keeping these promises was of great importance to the Babylonians who feared they would fall out favor with the gods should they not keep their word.



res·o·lu·tion
/ˌrezəˈlʊʃ(ə)n/
noun
a firm decision to
do or not to do
something

Sillies for the Littles



What do snowmen call their offspring?

Where do snowmen keep their money?



Who is Santa's favorite singer?



KWANZAA WORD SEARCH

E	H	H	N	L	J	J	S	G	J	O	C	S
D	A	N	C	I	N	G	Y	J	V	D	A	X
R	D	B	L	R	D	M	W	I	G	P	N	R
N	X	C	O	M	U	A	T	U	V	U	D	G
F	X	C	H	D	A	T	X	C	R	V	L	V
L	A	C	S	Y	D	E	C	E	M	B	E	R
N	C	M	Y	L	R	Q	T	Y	H	C	B	E
K	L	L	I	G	U	A	F	R	I	C	A	A
S	J	E	S	L	M	T	Z	S	F	D	Q	K
A	C	R	A	D	Y	F	U	E	A	A	N	Z
R	F	A	I	T	H	M	S	V	A	R	W	N
O	X	E	C	B	L	Y	Y	Y	Y	Y	S	Y
P	G	N	Z	T	E	P	C	Z	G	R	U	Y

AFRICA
CORN
CANDLE
DANCING

DECEMBER
DRUM
FAITH
FAMILY

MAT
MUSIC



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HAPPY BIRTHDAY



Happy birthday, Jaclyn Tafro!
December 17



Happy birthday, John Napoliello!
December 23



Happy birthday, Shannon Antonelli!
January 2



Happy birthday, Olivia Kimble!
January 18

Happy birthday, Nick Kimble!
January 18



Happy birthday, Vincent Ferrante!
January 30



Birthdays & Anniversaries

Happy birthday, Joe Carson!
December 13



Happy birthday, Sabrina Barragan!
December 22



Happy birthday, Kassie Dadaian!
December 31



Happy birthday, Robyn Carson
January 6



Happy birthday, Chris Nagel!
January 24



Happy birthday, Sharon Spikert–Fulton!
January 24



Happy birthday, Swati Makkar
January 28



Happy 14th wedding anniversary,
Jerry & Stephanie Frade!
January 18



Recipes and Respite

In my world colder weather equals soup weather. Well, if I'm being honest, all weather is soup weather. So when I found myself with an abundance of leftover asparagus after Thanksgiving I headed to the internet to find an easy asparagus soup recipe. Here is what I found from delish.com. Soup—er simple and soup—er delicious!



Ingredients

- 2 T butter
- 1 clove minced garlic
- 2 lb trimmed asparagus cut into 1" pieces
- kosher salt & black pepper to taste
- 2 c low-sodium chicken broth
- 1/2 c heavy cream, plus extra for garnish
- freshly chopped chives & dill for garnish

Yields 4 servings. Nutrition (per serving): 199 calories, 6 g protein, 7 g carbohydrates, 2 g fiber, 2 g sugar, 18 g fat, 11 g saturated fat, 586 mg sodium

Directions

Step 1

In a heavy pot over medium heat, melt butter. Add garlic and cook until fragrant, 1 minute. Add asparagus, season with salt and pepper, and cook until golden, 5 minutes. Add broth and simmer, covered, until asparagus is very tender but still green, 10 to 15 minutes.

Step 2

Using an immersion or regular blender, puree soup. If using a regular blender, be sure to stop and remove lid a few times to avoid overheating the soup. Return to pot, stir in cream, then warm over low heat. Season with salt and pepper to taste.

Step 3

Garnish with more cream and herbs.

Got a case of cabin fever?
Need to get outdoors?



Check out Tenafly Nature Center in Tenafly, NJ! Tenafly Nature Center is open year round. They offer hiking trails, scavenger hunts, and crafts.

Visit their website for upcoming events and more information.

<https://www.tenaflynaturecenter.org/>



Local Business

Please consider supporting our local businesses.
Grow your business with us! Advertise here!

KATHLEEN DNEASTER

Pampered Chef Fundraising

Offering virtual or in person fundraising for any student in competitive sports or clubs.



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www.pamperedchef.com/pws/katdneaster2020

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SudsySistersNJ@gmail.com

SHOP Local

Bugs & Boo
BOUTIQUE

personalized floppy
beach hats and other
small creations



Looking to plan a trip to Disney, Universal, a cruise or beyond? Let me help!



Scan to get a free quote!

Mention GHA on your quote form and qualify for a \$25-\$100 Disney gift card! Gift card will be issued the week of travel

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PTA & PTSA Happenings



SAVE THE DATE!
Littleton PTA
Sock Hop Tricky Tray
Don't miss it!
Friday March 3, 2023
Parsippany PAL at 6PM

Save the Date!
Brooklawn Middle
School PTSA
**TRICKY
TRAY**
 
**THURSDAY, MARCH 23,
2023**
PARSIPPANY PAL @ 6:00PM
It will be a "KNIGHT"
to REMEMBER! 